

# CENTRAL

# Chimes



*Central Presbyterian Church*

P E T E R S B U R G , I L L I N O I S

## This Thanksgiving, Cultivate a Grateful Heart



Christians understand gratitude as a response to God's grace. We have received an abundance of gifts beyond our deserving. During Thanksgiving, as we contemplate God's grace, we are filled with wonder, humility, and gratitude. In such moments, God's love is palpable.

Practicing gratitude and having a grateful heart also bring health benefits, according to health psychologists. Grateful people experience more joy and optimism, have a stronger immune system, and feel less lonely and isolated. Through gratitude we experience our interconnectedness, which is essential to wholeness.

Still, some people may find it difficult to feel grateful. According to Robert A. Emmons, professor of psychology at the University of California, Davis, and founding editor in chief of the journal of Positive Psychology, for a person to feel gratitude, two things must happen; First, we affirm that there are good things in the world—gifts and benefits we receive, even if we haven't earned them. Second, we recognize the sources of goodness as being outside ourselves—family, friends, community, God.

To enjoy Thanksgiving to the fullest, it's important to reflect on all you have received and savor the present moment. Approach the day with an open heart, an appreciation of others, and an awareness that all gifts are from God. This Thanksgiving Day, let us recognize the many blessings in our lives and remember those who are not as fortunate.

From the Board of Pensions, PC(USA) November 19, 2018

## Daylight Savings Time Ends November 7, 2021



*Don't forget to change your clocks before you go to bed Saturday, November 6! Daylight savings time ends on November 7 at 2 a.m.*

### Highlights of October 14, 2021 Session Meeting



- Check book balance as of September 30: \$19,628.56.
- **Motion: That Central Presbyterian Church will make a \$250.00 donation to the Community Thanksgiving Meal to be held at Roots. Said \$250.00 shall be taken from the Ebersolt – Obligated Fund.**
- **Motion: That Central Presbyterian Church will make a \$100.00 donation to the Menard County Rescue District Special Fund Drive. Said \$100.00 shall be taken from the Ebersolt – Obligated Fund.**
- **Motion: That the Nominating Committee shall present for approval a PNC Committee to the Congregation comprised of not less than 5 nor more than 7 members.**
- Our Church will host the February meeting of the Ministerial Alliance. Steve Territo is our representative to the Ministerial Alliance.
- Home Communion was delivered on October 2 to a total of 5 homes serving 9 members.
- Session is asking that at the end of the Worship service when leaving the Sanctuary members please proceed outside and not congregate in the Narthex.
- We ask that you continue to keep all of our health care providers in your thoughts and prayers.

### Committee News

#### Administration

##### Financial

- Income year-to-date is \$5,429.81 below budget, and YTD expenses are below budget by \$9,774.06 which puts us below our overall budget. Regardless of budget, our income, YTD, is only \$952.13 above our expenses. Within Income, our Member Gifts are \$6,858.97 below budget. These are the monies that are received from members who do not do an annual pledge.
- Treasurer's report and financials were reviewed.
- General, MMF and Endowment funds were also reviewed.
- Third quarter financials were reviewed for all church groups.
- Work was started on the 2022 budget. All church committees and groups need to put together budgetary requests for our November meeting.
- The annual Stewardship letter was presented to the committee. Steve has forwarded the letter to Joni to be sent to members and friends of the church along with pledge cards and time/talent cards.
- The Committee put together suggestions for the Memorial Committee

##### Building

- The window well on the South side of the church has been secured.
- We will be closing up the physical plant for the fall

## **Mission/Outreach**

**COATS:** Planning has begun for the 2021 COATS (Clothing Of All Types and Sizes) program. Rebecca Rowe is coordinating this program again this year. The shopping trip with the kids has been set for December 1. If you would like to donate funds specifically for this program, please make a note on an offering envelope.

**Birthday Party in a Bag:** Only 6 of the first 20 Birthday in a Bag packages are left! So, we are assembling 10 more packages. Each bag includes a cake mix, frosting, balloons, noise makers and other items to make a party a party. The bags are being distributed by the Menard County Food Pantry (housed in our church building) and the Menard County Housing Authority.

**Food Pantry Sunday:** Every Sunday is Food Pantry Sunday! We are still collecting food donations every week for delivery to the micro pantry at County Market. In addition, the Menard County Food Pantry, housed in our church building, is providing 8-10 grocery bags of food each week for us to take to the micro pantry. If you would like to help with taking the food over after church, please let Pat Claussen, Jan Costello, or Beth Kiningham know.

**Pharmacy Mission:** After some discussion with the local pharmacists, we have recognized a need in the community for assistance with the cost of medications. The committee has recommended, and the Session has approved, establishing accounts at both pharmacies to help defray the cost of medication, at the discretion of the pharmacist. The committee is monitoring the project.

**Facebook Prayer Chain:** Please remember this private Facebook group is available for sharing prayer requests with others from the congregation.

**Reading Rocks:** This outreach program helps students who struggle with reading and other learning. Sue Carlson is leading the effort.

We are exploring a few other projects at this time. If you would like to help with planning any mission or outreach activities, contact Jan Costello or Pat Claussen. Our next meeting has not yet been scheduled.

Patrik Claussen, Jan Costello  
Mission/Outreach Committee Co-chairs

## **Pastoral Search Update**

Many of you have been asking and wondering about calling a pastor for Central. We did extend an offer to Chris Williams, and due to location and time commitment, he was not able to accept our offer. Session has voted to move forward with a Pastoral Nominating Committee (PNC). The Nominating Committee is in the process of gathering names of members willing to serve on this committee. If you would like to be a member of that committee, please contact Pat Claussen. Once the Nominating Committee is ready, a congregational meeting will be called to nominate and elect members to the PNC.

We encourage each member to prayerfully consider your role in this vital process of determining Central's future.

## **Pledge Card Reminder**

Your pledges to the General and Major Maintenance Funds are vital in the budgeting process for 2022. The General Fund is used for monthly expenses. The Major Maintenance Fund covers the costs of building needs (such as the repairs and upgrades of the heating & cooling systems) without relying on the General Fund. The Time & Talent Survey card is also needed at this time for planning next year's worship schedule, committees, and events.

Please return these cards no later than Sunday, November 14. Cards may be dropped off in the office, placed in the Admin. Asst. mailbox outside the office, mailed to the church (210 W. Douglas St.), or dropped in the offering plate next Sunday. The Administration Committee will be meeting November 11, and will start to work on the budget process, so early submissions will be greatly appreciated. Thank you for your faithfulness in making a pledge to our church.

## **Liturgists AND "Special Moment" Volunteers Needed**

If you are interested in volunteering to be a liturgist during a Sunday morning service, we are wanting you! Contact me to volunteer through the end of this year . . . and be sure to indicate your willingness on the Time Talent Inventory card for 2022.

### **AND**

We need people to present for "Special Moment" during worship. It does not have to be music. A hymn can be read, or a favorite scripture, or a story you find important or funny. Keep it simple and share your talent and your inspiration with us all. Please call (217) 414-9302 or email me at [dado93047@yahoo.com](mailto:dado93047@yahoo.com) to schedule a Sunday that works for you. Thank you!

Rich Ford

Worship Committee Chair

## **Fellowship**

The Deacons will be hosting a social gathering in the Fellowship Hall following Sunday morning church services on November 14. Refreshments will be provided.

## **Church Office Closed in Observance of Thanksgiving**

The Church office will be closed Friday, November 26, in observance of Thanksgiving. Please call Camilla Long, Deacon Chair, if you have an emergency.

## **Emergency Contacts**

Although Central does not now have an installed pastor, members are encouraged to continue to stay connected with the church family. If you have an emergency or are in need of assistance from Central, please contact:

Church Office, 217-632-2651

Camilla Long, Deacon Chair, 217-306-8086

Jane Stephenson, Clerk of Session, 217-341-7599

You are also requested to inform the church office of changes in addresses and phone numbers.

## **Celebration of Ruth Ann Sampson's Life**

You are invited to join the Sampson family for a "Celebration of Life" in honor of Ruth Ann. The event will be hosted by her family on Sunday, November 14, from 2:00 to 4:00 p.m. at Indian Creek Farmstead, 19468 Curtis Blacktop, Petersburg. Refreshments will be served and live music will be provided by Wildwood Strings.

## **Community Thanksgiving Service**

There will be an ecumenical Thanksgiving Worship Service held at Central Presbyterian Church Sunday evening, November 21, at 7:00 p.m.

## **Community Thanksgiving Dinner**

A free Community Thanksgiving Dinner will be held at Roots, 14305 St. Hwy. 97, Petersburg, on Thursday, November 25, from 11:00 a.m. to 2:00 p.m. This is a free meal that is open to everyone. Delivery or carryout will be available. Call 217-710-1901 or 217-303-8968 to schedule your delivery. Please leave a message and someone will call you back.

## **Chimes Deadline**

Please have your articles and photos for the December *Chimes* submitted to the church office no later than **Thursday, November 18!** Please note that there is no guarantee your article will be included in the December Chimes if submitted after that date. A Microsoft Word file attached to an email is the preferred method of submission. Our email address is [centralpreschurch@sbcglobal.net](mailto:centralpreschurch@sbcglobal.net).

## **Food Pantry Open Two Days a Month**

The Menard County Food Pantry is open and staffed by volunteers on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month from 1:00 p.m. to 2:00 p.m. To receive a food order, persons in need should contact the Menard County Community Services Office located in the Menard County Courthouse at 217-632-4412 in order to schedule an appointment to receive a food referral.



Food donations are needed for the two Petersburg area Food Pantries, especially the Micro-pantry at County Market. Please put food items in the large basket in the Narthex to be taken to the Micro-pantry.

## **Diaper Bank Needs**

The Diaper Bank, located at the Menard County Housing office, 101 W. Sheridan Rd., Petersburg, IL 62675, is open to the public. The Senior Services Center recently moved into the Menard County Housing building, and they now have a supply of adult briefs and pads. If there is a need for any of these supplies, either visit in person or call the office at 217-632-7723.



The Diaper Bank is currently well stocked with infant diapers, but is in need of size 4 and 5 diapers and baby wipes. Rather than purchasing items to donate, a monetary donation is always accepted.

## HEART HEALTH

### Fruit of the month: Pomegranate

October 1, 2021 By Julie Corliss, Executive Editor  
*Harvard Heart Letter*



Image: © pjohnson1/Getty Images

Pomegranates are packed with hundreds of edible ruby-red seeds called arils that have a sweet, tart flavor. They're also full of nutrients that benefit the heart, especially antioxidants that help quell inflammation. In fact, pomegranate juice contains three times the antioxidant activity of red wine or green tea. Studies suggest the juice may help lower levels of harmful LDL cholesterol and reduce blood pressure.

But as is true for all fruits, you're better off consuming the fruit itself (so you eat the fiber-rich seeds) rather than drinking juice. A half-cup of pomegranate arils contains just 72 calories.

Pomegranates are in season from October to January. Here's an easy way to get the seeds out: Cut the pomegranate in half and score the outside of each half four times, barely cutting through the rind. Hold the cut side of one half loosely in your hand, facing down, over a large, wide bowl. Whack the rind with a large spoon and the seeds should fall out through your fingers into the bowl. The seeds add a pretty pop of color to all types of salads (grain, green, or fruit), or you can sprinkle them on cereal or yogurt.

<i>Church Attendance</i>			
October 3	<b>20</b>	October 24	<b>14</b>
October 10	<b>15</b>	October 31	<b>27</b>
October 17	<b>22</b>		
Average Worship Attendance: <b>98</b>			





### **Members:**

Mary Ella Allen  
Harriet Carter  
Will Carter

Barb Churchill  
June Gamage  
Jo Ann Morris  
Ken Morris

Dale & Mary Rose Satorius  
Marilyn Schafer  
Judy Stahl  
Linda Williams

### **Friends of the Congregation:**

Dale Blout (B. Satorius' dad)  
Alan Bronson (S. Wilson's friend)  
Family of Sylvia Coffey (M. Goeringer's mother-in-law)  
Jake Dennison (C. Long's friend)  
Michelle Rankin Eddings (M. Montgomery's friend)  
Mike Hance (husband of Kristi Hance; PES teacher)  
Marlene Hartsook (R. Ford's sister)  
Gloria Leamon  
Dave & Diane Ludington  
Bob McLin (B. Winkelmann's brother)  
Andrew Raes (R. Plaeger's cousin)  
Dorothy Ricketts (R. Plaeger's mom)  
Dee Ring  
Family of David Scheina (P. Scheina's dad)

Sheila Smoron (Pastor M. Smoron's wife)  
Gary Sorenson (L. Williams' friend)  
Stahl family (S. Carlson's neighbor)  
Dean Territo (S. Territo's dad)  
Cindy Thomas (R. Ford's niece)  
Jeff & Amy VanDevender (Rev. G. Boutelle's nephew & niece-in-law)  
Don Wells (S. McCullough's brother-in-law)  
Carol White (J. Morris' friend)  
Mike Whitehurst (P. & M. Montgomery's friend)  
Clara Willox (R. & C. Ford's granddaughter)  
Lauren Woodley (J. Satorius' friend J.D. Proehl's granddaughter)  
Debbie Woods

*Please pray for all we know who are homebound, residing in care facilities, undergoing surgery or medical treatment, serving in the military or who are away from their family and friends.*

### **In Our Communities and In Our World:**

All who are affected by COVID-19  
(Including those not yet vaccinated)  
Pray for racial equality  
Peace between nation neighbors

Victims of gun violence  
Displaced peoples in the world  
Pray for our country

**Please continue to keep our healthcare workers and those in the educational field in our prayers. Over these past many months, they have been a guiding light to all of us in their courage and dedication to keeping us safe and helping the future generation. Thank You!**

**As new COVID-19 numbers continue to rise and we are seeing an increase in people again being hospitalized due to it and the Delta variant, please pray for those affected.**

*During our time of social distancing, we desire to keep those in prayer who are in need. Please keep the church office informed of members or friends that need to be placed on our prayer list by sending an email to: [centralpreschurhsbc@global.net](mailto:centralpreschurhsbc@global.net) or calling the church office at: 217-632-2651.*



## Octogenarian

November 25 Judith Stahl - Concordia Village #4135, 4101 W. Iles Ave., Springfield, IL 62711

## Happy Birthday

November 1	Cindy Godbey	November 15	Jacob Gerdes
November 1	Vicki Johnson	November 16	James Satorius
November 3	James Kveton	November 16	Adam Power
November 4	Sadie Jane Groh	November 17	Rodney Davis
November 5	Sherrilyn Roberts	November 23	Robert Winkelmann
November 8	William (Bill) Montgomery	November 26	Janene Tice
November 14	Lauren Johnson Papadopoulos		

## Happy Anniversary

November 27	Robert & Betsy Winkelmann	November 28	Lloyd & Marilyn Schafer
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### Usher/Greeter

### Liturgist

Sunday, November 7	Brianne, Ethan, Ava Satorius	Jan Costello
Sunday, November 14	Rebecca Rowe	Marilyn Montgomery
Sunday, November 21	Rhonda Plaeger	Linda Williams
Sunday, November 28	Sherri Roberts	Pat Claussen
Sunday, December 5	Ron Sanert	Sue Wilson
Sunday, December 12	Ben Kiningham	Beth Kiningham
Sunday, December 19	Jane Stephenson	Dan Stephenson
Sunday, December 26	Jan Costello	Janene Tice

*If you cannot fulfill your Sunday morning assigned duties, please find someone to take your place. Also, let the church office know of the changes as soon as possible.*

### Advent Readers

### Advent Candle Lighters

Sunday, November 28	Marilyn Montgomery	Sherri Roberts
Sunday, December 5	Rebecca Rowe	Ron Sanert
Sunday, December 12	Coleen Janssen	Ben Kiningham
Sunday, December 19	Brianne Satorius	Jane Stephenson
Sunday, December 26		Jan Costello

*Christmas Eve duties will be announced at a later date*