

CENTRAL

Chimes



Central Presbyterian Church

P E T E R S B U R G , I L L I N O I S

Dear Congregation,

“Summer’s here, and the time is right for dancing in the street!”

That line of an old song comes to mind this morning, for some reason, as I sit down to write this. It is May 14, and after some rain last night, the air is clear of humidity, and it promises to be a beautiful day. I don’t know if summer makes you feel like dancing, but hopefully it at least brings occasional times of refreshment and relaxation. Even for those that face the same burdens and responsibilities in the summer as in other times of the year, I hope you will take time to take a breath and consider doing something out of the ordinary. Not something complicated or demanding or wearying, but something that you can experience without needing to keep an eye on the time and the calendar.

I think that is what the Sabbath was intended to be for the people of Israel. He likely knew we would make our lives all about what we ACHIEVED rather than WHO we are: his children, his beloved. By enforcing rest, it is his way of holding our face in his hands, looking straight at us eye to eye, and saying “you are loved because I made you and formed you. *Period!*” So you and I can both enjoy Sabbath and maybe we can BE Sabbaths for others. By loving our loved ones *unconditionally*, we communicate that they can rest in that assurance, and it becomes a tangible, visible picture of how the invisible God loves them.

They may not always make that connection right away, but over time they will come to recognize there is something very different about you than what the world offers. Even if they never make a comment or ask about why you love differently (although, of course, we hope they will), you are nevertheless being an active ambassador and a reconciler on behalf of our King (2 Corinthians 5:18-21).

So, in the same way you have received rest from God, let’s live in a way that offers that peaceful rest to others in our sphere of relationships, whether at work or at home and in our neighborhood. Let’s be little Sabbaths, bringing true rest as we live and love around Menard County.

As a reminder, starting in mid-May, I will be onsite at the church on Wednesdays from 8:00 a.m. to 4:30 p.m. and would love to get to know you all better—either there at CPC or having coffee with you at any of the good spots around the Square. Feel free to call or email me if you’d like to set up a time.

Robert Lackie
Preaching Associate
(217) 971-8641
Lackier26@gmail.com



Highlights of Regular Session Meeting, May 19, 2022



- Checking account balance as of April 30, 2022: \$42,712.13.
- **MOTION: The Session approved a monetary contribution of \$100.00 to the PORTA Ministerial Alliance for the specific purpose of Baccalaureate. Such funds to be taken from the Ebersolt Fund. Motion seconded by Patrik Claussen. APPROVED.**
- Worship in the Park will be held on September 11, 2022 in Shelter #3 by the river. More information will be provided at a later date.
- Bible School will be held at Central the first week of August; more information will be coming at a later date.
- We ask that you continue to keep all of our health care providers in your thoughts and prayers.

Committee News

Due to the lack of those able to attend the May 12 Admin Committee meeting, it was decided to cancel. Everyone was sent, via email, a copy of the April financial report for their review.

Financial

- Income year-to-date is \$1,068.27 above budget and year-to-date expenses are below budget by \$1,969.06 which puts us below our overall budget. Regardless of budget, our income year-to-date is \$4,558.13 above our expense.
- **Our budget is in the positive because we do not have a full-time pastor and are relying on pulpit supply.**

Building

- We are waiting for a bat removal person to look at our organ loft and bell tower, but that will be when the weather warms up.
- The church will be switching our phone and internet carrier to Cass Communication. Dave is coordinating the changeover, including updated email addresses.
- Dave and Steve will be checking the existing window A/C units this month to see if any need to be replaced.

Submitted by Steven Territo and Jane Stephenson, Co-chairs

Worship News!

Beginning June 5, we will be returning to the pre-COVID communion, with a few changes. The bread will be cut into small pieces, so we will not need to tear bread off the loaf. There will also be gluten-free bread on the plate in small plastic cups. For those who may be uncomfortable using the shared elements, the individual communion packets will still be available in the Narthex.

CDC Update!

The “Mask Mandate” has been lifted statewide, and Central will follow all current CDC recommendations. Therefore, the mask signs have been removed from the entry to Church. We do still need to be mindful and respect the choice of those who wish to continue wearing their masks.

New Email Address

Effective June 12, Central Presbyterian Church will be using a new email address. The current address, centralpreschurch@sbcglobal.net will be phased out. Please update your address book and begin using the new address: **office@central-pres.org**.

Join Us for a Study of Colossians

Robert Lackie, our Preaching Associate, will be launching a **Bible Study on Wednesday, June 1**, beginning at 9:30 a.m. for roughly one hour, meeting in the church's boardroom. This will likely run through the end of July; after which we will reassess if there is interest in another study to follow.

We will be studying Paul's Letter to the Colossians. Please bring a bible and a pen and get ready to become investigative journalists (and better disciples!) as we delve into this fascinating letter. We will try to discern what it contained for Paul's 1st Century audience, and then apply it to our own lives.

There is no study guide to buy. Robert will be sending out a page of questions to participants that will act as our guide through each successive week. We will also be sure to dig into OT and other NT references that will help us understand Paul's thinking.

Pentecost: The Birthday of the Church

Pentecost is a celebration of the descent of the Holy Spirit on the disciples of Jesus after his ascension. It is held on the Seventh Sunday after Easter. Let's celebrate the birthday of the church by donating gifts to Central Presbyterian Church! This year, Pentecost Sunday is **June 5**.

There will be a box inside the front doors for you to drop off your gift donations. Monetary donations are also appreciated. Those clearly marked donations can be placed in the offering plate or mailed to the church; but please, **NO GIFT CARDS!** If you know of any other needed supplies, please notify the church office at 217-632-2651.

The following is a wish list for needed supplies. This is only a guide; all gifts are welcome!

Hand sanitizer	Paper plates (no styrofoam, please), large & small
Disinfectant spray & wipes	Plastic spoons and forks
Dish soap	Paper coffee cups
Hand soap & lotion pump dispensers	Napkins
Large trash bags (33 gallon)	Kleenex—boxes & pocket packs for pews
Small trash bags	Paper towels
Kitchen sponges	

A birthday party will be held in the Fellowship Hall following worship! Plan to join in the celebration.

Vacation Bible School

Co-op Vacation Bible School will be hosted by Central Presbyterian Church this year. Plans are being made for August 1-5, 2022 beginning at 6:00 p.m. each evening. Classes will be available for children who have completed grades K-6. Mark your calendars—don't miss this fun week! More details and sign-up information will be in the July Chimes.

Job Well-Done!

Many thanks to all who volunteered and delivered Meals on Wheels during the month of May. This has been an annual mission project of Central for many years. Your time and energy are very much appreciated!!!!

Emergency Contacts

Although Central does not have an installed pastor at this time, Preaching Associate, Robert Lackie, has agreed to make himself available to the congregation. He will be in the church each Wednesday from 8:00 a.m. to 4:30 p.m. If you wish to make an appointment to visit with him, please call his cell phone (217-971-8641) or the church office. Otherwise, members are encouraged to continue to stay connected with the church family. If you have an emergency or are in need of assistance from Central, please contact: Church Office, 217-632-2651

Camilla Long, Deacon Chair, 217-306-8086

Jane Stephenson, Clerk of Session, 217-341-7599



Pam Brown named Memorial Hospital Colleague of Month

Pam Brown, Graduate Medical Education (GME) coordinator, is the Springfield Memorial Hospital Colleague of the Month for March.

Brown, of Petersburg, is the face of Springfield Memorial Hospital to staff at Southern Illinois University School of Medicine Offices of Student Affairs and medical school students and physicians, said hospital officials.

"I love helping the diverse groups of residents navigate through residency at Springfield Memorial Hospital," said Brown, who has worked at the nonprofit hospital since 1980.

"I have watched more than 2,500 residents go through our hospital in the past 30 years," said Brown.

Outside of work, Brown enjoys spending time with her family, which includes her three adult children and seven grandchildren. She also enjoys traveling with her husband, especially on vacations to the beach.

Petersburg Observer, May 19, 2022



Graduation Day, May 7, 2022, at Lincoln Christian Seminary for our Preaching Associate, Robert Lackie, pictured here with his family.

June, 2022

2022 Per Capita

The Per Capita amount for each member for 2022 is **\$35.25**.

What Does Per Capita Mean?

It is a Medieval Latin term that literally translated means, “by heads.”

What Is It For?

Per Capita takes all the expenses of the Presbytery, the Synod, and General Assembly and breaks those costs down by the actual head count of the total population of *active members* in the Presbyterian Church (USA). For 2021, the breakdown of each \$35.25 per capita is as follows: the Presbytery receives 63% (\$22.46), the Synod receives 11% (\$3.81), and the General Assembly receives 26% (\$8.98).

Why Do We Pay It?

As Presbyterians, we are connectional people – meaning that we understand the importance of being connected with other Presbyterians. Per Capita payments help our denomination to take our combined efforts to effect change in our country and around the world through the various ministry and mission programs at the various denominational levels.

Who Pays It?

Every *active member* is assessed \$35.25.

Who Is an Active Member?

Adults and *confirmed Youth* who participate in the work and worship of church; who have joined the church; and who are listed on Central’s rolls (official records of the church that are reported to the denomination).

Menard County Food Pantry

The Menard County Food Pantry is open and staffed by volunteers on the 2nd and 4th Wednesdays of the month from 1:00 to 2:00 p.m. for any resident who resides within the PORTA School District.

Food donations are needed for the two Petersburg area Food Pantries, especially the Micro-pantry next to County Market. Please put food items in the large basket in the Narthex to be taken to the Micro-pantry.

Diaper Bank Needs

The Diaper Bank, located at the Menard County Housing office, 101 W. Sheridan Rd., Petersburg, IL 62675, is currently not open to the public. However, if you are in need of any supplies, either visit in person (there is a doorbell at the front door) or call the office at 217-632-7723. Office hours are from 8:00 a.m. to 4:00 p.m. The Senior Services Center is now in the Menard County Housing building, and they have a good supply of adult briefs and pads.

The Diaper Bank is currently well stocked with infant diapers. Rather than purchasing items to donate, a monetary donation is always accepted.



June, 2022

Chimes Deadline

Please have your articles and pictures for the July 2022 *Chimes* submitted to the church office no later than **Monday, June 20**. A *Microsoft Word file* attached to an email is the preferred method of submission. **Please reference “Chimes article” in the subject line.** Please email the church with any suggestions as to what you may want to see in the *Chimes*. Our email address is centralpreschurch@sbcglobal.net.

Health Notes: *submitted by Alice Studzinski*

June is Alzheimer’s and Brain Awareness Month

According to the Alzheimer’s Association, 55 million people are living with Alzheimer’s and other dementias. Alzheimer’s is a degenerative brain disease and the most common form of dementia. It causes a slow decline in memory, thinking and reasoning skills.

Here are the 10 warning signs and symptoms. Note the typical age-related changes that are listed for comparison.

Memory loss that disrupts daily life (typical age-related change = forgetting names or appointments but remembering them later)

Changes in ability to develop a plan or work with numbers (typical age-related change = occasional errors when managing finances or paying bills)

Difficulty completing familiar tasks (typical age-related change = occasionally needing help with microwave settings or recording a TV show)

Confusion with time or place, forgetting where you are or how you got there (typical age-related change = confused about the day of the week but figuring it out later)

Vision problems that lead to difficulty with balance or trouble reading, problems with spatial relationships affecting judgement of distance and determination of color or contrast, causing issues with driving (typical age-related change = vision changes related to cataracts)

New problems with speaking or writing, trouble following or joining a conversation, trouble naming a familiar object or using the wrong name for it (typical age-related change = sometimes having trouble finding the right word)

Misplacing things and losing the ability to retrace steps to find them again, and as the disease progresses, sometimes accusing others of stealing (typical age-related change = occasionally misplacing things but retracing steps to find them)

Decreased judgement or poor decision-making, such as poor judgement when dealing with money or paying less attention to personal grooming (typical age-related change = occasional bad decision or mistake like neglecting to change the oil in the car)

Withdrawal from work or social activities, inability to hold or follow a conversation (typical age-related change = sometimes feeling uninterested in family or social obligations)

Changes in mood or personality, becoming confused, suspicious, depressed, fearful, or anxious, and easily upset (typical age-related change = developing very specific routines and getting upset when a routine is disrupted)

Early detection matters! If you notice any of these signs in yourself or someone you know, schedule an appointment with your doctor. With early detection, you can explore treatment for relief of symptoms to maintain a longer level of independence.

Strawberry Shortcake

Ingredients

- 2/3 cup sugar
- 1/4 cup shortening
- 1 large egg, room temperature
- 1 teaspoon vanilla extract
- 1/4 teaspoon salt
- 1-1/2 cups all-purpose flour
- 2 teaspoons baking powder
- 1/2 cup whole milk
- 1 cup heavy whipping cream, whipped
- 1-1/2 quarts fresh or frozen strawberries, sliced



Directions

1. In a bowl, cream sugar and shortening. Add egg and vanilla; beat well. Combine dry ingredients and add alternately with milk to the creamed mixture. Spread in a greased 9-in. square baking pan. Bake at 350° for 20-25 minutes. Cool on wire rack.
2. Cut into nine servings. Split each serving horizontally and fill with whipped cream and strawberries. Replace top of cake; garnish with a dollop of whipped cream and more berries. Serve immediately.

Nutrition Facts

1 piece: 231 calories, 7g fat (2g saturated fat), 22mg cholesterol, 188mg sodium, 39g carbohydrate (20g sugars, 2g fiber), 4g protein.

Spaghetti with Fresh Tomato Sauce

Ingredients

- 2 tablespoons olive oil
- 1 large onion, finely chopped
- 2 lbs. plum tomatoes, chopped (about 5 cups)
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 8 ounces uncooked spaghetti
- 1/4 cup thinly sliced fresh basil
- 1 teaspoon sugar, optional
- Grated Romano cheese
- Additional basil

Directions

1. In a 6-qt. stockpot, heat oil over medium heat; saute onion until tender, 4-6 minutes. Stir in tomatoes, salt and pepper; bring to a boil. Reduce heat; simmer, uncovered, until thickened, 20-25 minutes. Meanwhile, cook spaghetti according to package directions; drain.
2. Stir 1/4 cup basil and, if desired, sugar into sauce. Serve over spaghetti. Top with cheese and additional basil.

Can you freeze Spaghetti with Fresh Tomato Sauce?

Freeze cooled sauce in freezer containers. To use, partially thaw in refrigerator overnight. Heat through in a saucepan, stirring occasionally.



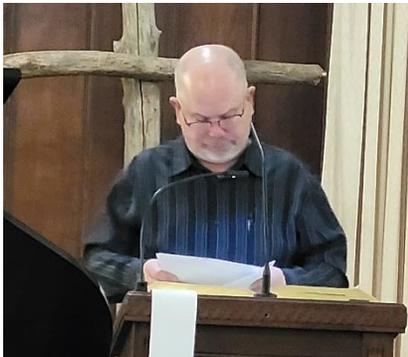
Nutrition Facts

1 cup spaghetti with 3/4 cup sauce (calculated without cheese): 327 calories, 8g fat (1g saturated fat), 0 cholesterol, 607mg sodium, 55g carbohydrate (9g sugars, 5g fiber), 10g protein. **Total Time Prep:** 15 min. **Cook:** 30 min. **Makes** 4 servings

Scenes from Central



May 1: Leading worship is Martin Nagel. Pastor Nagel will be filling our pulpit the 1st Sunday of each month during our transition time. Communion liturgist, Rebecca Rowe. Usher, Jan Costello.



May 8: Liturgist, Steve Territo. Ava Satorius provides special music for Mother's Day: "You Are My Sunshine." Filling the pulpit is Dr. Gary Davis. Ushers, Janet Scheina & Laurelyn Roberts.



Members:

Barbara Churchill
Jan Costello
Steve Hollis
Jo Ann Morris

Ken Morris
Dale & Mary Rose Satorius
Marilyn Schafer
Judy Stahl

Nancy Van Etten
Linda Williams

Friends of the Congregation:

Michele Baker (C. Long's friend)
Allen Blout (B. Satorius' grandfather)
Dale Blout (B. Satorius' father)
Alan Bronson (S. Wilson's friend)
Family of Bob Coomer
Michelle Rankin Eddings (M. Montgomery's friend)
Greg Grogan (C. Long's brother)
Liam Grogan (C. Long's nephew)
Marlene Hartsook (R. Ford's sister)
Kelly Holtzman (B. Churchill's daughter)
Theresa Hulbert (P. Claussen's friend)
Anthony Long (D. & C. Long's son)
Dave & Diane Ludington
Bob McLin (B. Winkelmann's brother)
Wayne Patterson (P. & M. Montgomery's friend)
Cindy Rankin (S. Wilson's friend)

Jay Rebman (L. Claussen's friend)
Dorothy Ricketts (R. Plaeger's mother)
Chris Schaake (S. & J. Territo's brother-in-law)
Sheila Smoron (Pastor M. Smoron's wife)
Gary Sorenson (L. Williams' friend)
Stahl family (S. Carlson's neighbor)
Dean Territo (S. Territo's father)
Cindy Thomas (R. Ford's niece)
Alana Wachtel (M. Montgomery's cousin)
Carol White (J. Morris' friend)
Mike Whitehurst (P. & M. Montgomery's friend)
Clara Willox (R. & C. Ford's granddaughter)
Lauren Woodley (J. Satorius' friend J.D. Proehl's granddaughter)
Debbie Woods

Please pray for all we know who are homebound, residing in care facilities, undergoing surgery or medical treatment, serving in the military or who are away from their family and friends.

In Our Communities and In Our World:

All who are affected by COVID-19
(Including those not yet vaccinated)
Pray for racial equality
Peace between nation neighbors
Victims of gun violence

Displaced peoples in the world
Pray for the people who are affected by the
Ukraine/Russian conflict
Pray for our country

Prayers going out to the families, who lost loved ones, from the recent mass shooting in Uvalde, Texas. May God watch over that community as they try to heal from this unthinkable act of violence.

Please continue to keep our healthcare workers and those in the educational field in our prayers. They have been a guiding light to all of us in their courage and dedication to keeping us safe and helping the future generation. Thank You!

Please keep the church office informed of members or friends that need to be placed on or removed from our prayer list by sending an email to: centralpreschurch@sbcglobal.net or calling the church office at: 217-632-2651.

Happy Birthday

Nonagenarian

June 7 June Gamage 19 Apple Loop, Petersburg, IL 62675

Happy Birthday!

June 6	Shane Marquardt	June 12	Garrett Gerdes
June 7	Christopher Willhite	June 13	Susan Carlson
June 8	Brent Carter	June 19	Blake Sampson
June 8	Julia Territo	June 19	Lesley Reynolds
June 8	Jared Long	June 21	Seth Sanert
June 12	Grace Gerdes	June 27	Steve Plaeger

Happy Anniversary!

June 1	Stanley & Janice Porter	June 12	Jerry & Janene Tice
June 2	Greg & Pam Brown	June 17	Bill & Alice Studzinski
June 4	James & Abby Noel	June 21	Mark & Pam Albrecht
June 7	Sandy & Jean Sandberg	June 23	Rodney & Debbie Davis
June 8	Zane & Hannah Kyes	June 29	Gary & Marisa Gerdes



	<i>Usher/Greeter</i>	<i>Liturgist</i>	<i>Communion Liturgist</i>
Sunday, June 5	Dave Long	Pat Claussen	Pat Claussen
Sunday, June 12	Dave Long	Camilla Long	
Sunday, June 19	Jim Satorius	Marilyn Montgomery	
Sunday, June 26	Cindy Godbey	John Godbey	

If you cannot fulfill your duty as usher/greeter or liturgist, please find someone to take your place. Also, let the church office know of the changes as soon as possible.

Worship Attendance

May 1	38	May 22	24
May 8	29	May 29	23
May 15	26		

Average Worship Attendance: 28