

CENTRAL

Chimes



Central Presbyterian Church

P E T E R S B U R G , I L L I N O I S

Dear Congregation,

Well, the calendar says that Election Day is only a few days after the end of the month, and even though it is just a “midterm” election, I expect we will still see emotions ramp up and tempers flare as it gets closer. Don’t worry, you will never hear me suggest here in the *Chimes* or in the pulpit for whom to vote! But I do want to suggest some ways we walk through this polarizing time in ways that honor our God and King, Jesus.

I am forever in amazement at the way Jesus handled an extremely delicate situation forced on him by some of his enemies. I am referring to the time he was asked if we should pay taxes, in his case, to the Roman government (Mt 22:15-22; Mk 12:13-17; Lk 19-26). There is little doubt that this question came from opponents wanting to force his hand and cause him...or so they thought...to express views that would spark rejection from some of his followers, and possibly his arrest as well if, that is, he rejected paying taxes to the Emperor.

By Jesus saying to “render to Caesar what is Caesar’s, and to God the things that are God’s,” he showed himself not only brilliant, but also clearly aware of the priorities we must all have as those living in two kingdoms, the kingdom of people and of God. On top of that, his answer was absolutely, positively, and succinctly true! Compare that to the all-too-present politician whose statements made to circumvent controversy often result in saying nothing of any substance whatsoever. Jesus could not have said it better or more powerfully!

While I don’t expect to come close to Jesus’ level of brilliance, I hope that when confronted with polarizing questions I will answer with honesty and integrity first, but not forgetting to show humility, civility, and sensitivity toward my discussion partner. We cannot be responsible for how the other person responds. Nevertheless, I want to encourage all of us Christ-followers—during this season of heightened nerves—to be witnesses to our King by being open to dialogue, to be earnest listeners to points of view outside our own, and to be gracious even in disagreement. Wouldn’t it be cool if Christ-followers in America could truly shine out as witnesses to Jesus by being the only ones that can discuss and disagree around polarizing topics without shutting down or demonizing and shaming? Can we at Central Presbyterian Church try to be a body of believers that tries to do that?

Robert Lackie, Preaching Associate
(217) 971-8641
Lackier26@gmail.com



Highlights of Regular Session Meeting on September 15, 2022

- Balance in the checking account as of August 31: \$37,897.84.
- Administration will be working on the Budget for 2023 and need for all Church Committees to consider their needs and submit budgets in October for consideration.
- Central received a Thank You from Great Rivers Presbytery thanking us for paying our Per-Capita for 2022 in full.
- The Nominating Committee will soon begin working on filing Deacon and Session slots for 2023.
- Central has officially transferred over to Cass Communications as our internet provider. The new office e-mail address is office@central-pres.org.
- We ask that you continue to keep all of our health care providers in your thoughts and prayers.

Committee News

Administration

The Administration Committee did not meet in August due to members being unavailable.

Financial

- Income year to date is \$154.42 below budget and YTD expenses are below budget by \$2,706.92 which puts us below our overall budget. Although the pledges are above budget for the year, the remaining income is well below budget. Regardless of budget, our income, YTD, is \$2,274.10 above our expenses.
- **Our budget is in the positive because we do not have a full-time minister and are relying on dedicated pulpit supply.**

Building

- We are waiting for a bat removal person to look at our organ loft and bell tower.

Submitted by Steven Territo and Jane Stephenson, Co-chairs

Chancel Choir Practice

Please note that choir practice has started again with practice starting at 7:00 p.m. every Wednesday.

Sunday School

Sunday School started September 18, 2022. Right now, we have two active Sunday School children. Please advise me at lsr1955@hotmail.com if you know of any other children who would like to attend on a regular basis. I also ask that you give me a few days' notice if you are bringing a child to Sunday School so that I have enough materials. Thank you!

Linda Claussen

Worship in the “Park”

Even though the weather did not cooperate and the service and picnic that followed on September 11 had to be held in the church Fellowship Hall, the event was nevertheless a special one. Special thanks to Robert Lackie and Cindy Godbey and her friend “Sparky” for their funny skit. Also, a big thanks to Pastor Martin Nagel who accompanied the “sing along” on his guitar. Thank you to everyone who was able to make it!



Keep Connected!

Although Central does not have an installed pastor at this time, Preaching Associate, Robert Lackie, has agreed to make himself available to the congregation. Starting **October 5** he will be in the church each **Wednesday** from 8:00 a.m. to 4:30 p.m. If you wish to make an appointment to visit with him, please call his cell phone, 217-971-8641, or the church office.

Members are encouraged to continue to stay connected with the church family. If you have an emergency or are in need of assistance from Central, please contact:

Church Office, 217-632-2651

Camilla Long, Deacon Chair, 217-306-8086

Jane Stephenson, Clerk of Session, 217-341-7599

Chimes Deadline

Please have your articles and pictures for the September 2022 *Chimes* submitted to the church office no later than **Monday, October 17**. A *Microsoft Word file* attached to an email is the preferred method of submission. **Please reference “Chimes article” in the subject line.** Please email the church with any suggestions as to what you may want to see in the *Chimes*. Our email address is office@central-pres.org.

Menard County Food Pantry

The Menard County Food Pantry is open and staffed by volunteers on the 2nd and 4th Wednesdays of the month from 1:00 to 2:00 p.m. for any resident who resides within the PORTA School District.

Food donations are needed for the two Petersburg area Food Pantries, especially the Micro-pantry next to County Market. Please put food items in the large basket in the Narthex to be taken to the Micro-pantry.

Diaper Bank Needs

The Diaper Bank, located at the Menard County Housing office, 101 W. Sheridan Rd., Petersburg, IL 62675, is currently not open to the public. However, if you are in need of any supplies, either visit in person (there is a doorbell at the front door) or call the office at 217-632-7723. Office hours are from 8:00 a.m. to 4:00 p.m. The Senior Services Center is now in the Menard County Housing building, and they have a good supply of adult briefs and pads.

The Diaper Bank is currently well stocked with infant diapers. Rather than purchasing items to donate, a monetary donation is always accepted.

Health Notes: *submitted by Alice Studzinski*

October is National Breast Cancer Awareness Month

Some risk factors for breast cancer are things you cannot change, such as being female, getting older, inheriting certain gene changes, having a family or personal history of breast cancer, race and ethnicity (Asian, Hispanic and Native American women have a lower risk), and being taller. Other risks include having dense breast tissue, starting menstrual periods early (before age 12), going through menopause later (after age 55), and having radiation to your chest. Women with these risk factors should talk with their doctors about when and how frequently to be screened.

There are also life-style risk factors that can be altered, such as diet and physical activity. Drinking alcohol is clearly linked to an increased risk of breast cancer and the risk increases with the amount consumed. Women who do drink should have no more than 1 drink per day. Consuming 2 to 3 drinks daily increases the risk by 20%. Other risks include being overweight or obese and not being physically active.

Other lifestyle-related risk factors include decisions about having children, not breastfeeding, and taking medicines that contain hormones. These risk factors are more complicated, and women should discuss these with their doctors.

Finding breast cancer early and getting treatment are two important strategies for preventing deaths from breast cancer. Breast cancer that's found early, when it's small and has not spread, is easier to treat successfully. Getting regular screening tests is the most reliable way to find breast

cancer early. The American Cancer Society recommends that women ages 45 to 54 with average risk should get mammograms every year. Some women may need to start at age 30 or 40, depending on their risk.

Typically, treatment is based on the type of breast cancer and its stage. Other factors, including your overall health, menopause status, and personal preferences are also considered. It is important to remember that men can have breast cancer as well as women. The more we know and are willing to discuss breast cancer, the better we can manage and prevent this condition.

| <i>Worship Attendance</i> | | | |
|---------------------------------------|-----------|--------------|-----------|
| September 4 | 22 | September 18 | 22 |
| September 11 | 21 | September 25 | 23 |
| Average Worship Attendance: 22 | | | |

Scenes from Central



Pulpit Supply, Jonah Steele

Jonah Steele, currently a senior student at Lincoln Christian University, is the newest member of our Pulpit Supply Team. Jonah will be leading worship the third Sunday each month at Central. Jonah and his wife, Charlie, live in Springfield.



Weekly Bible Study. *Preaching Associate Robert Lackie leads a Bible Study on Wednesday mornings at the church. The group currently is studying Galatians. Coleen Janssen is one of the faithful students.*



2022 Illinois State Fair. Ron & Susie Sanert and Beth & Ben Kiningham enjoy a day at this year's State Fair in Springfield.



Bob Sampson organizes his information and thoughts as he prepares his message on Lincoln for Special Worship.

Harvest Fest, September 17.

Right: Central members Jo Ann Morris, June Gamage, and Coleen Janssen represent Women's Club in the parade



Above: Bob Sampson is part of the elite group of Honor Flight honorees. Right: Wildwood Strings Dulcimer Group performing under the tent. Central members Marilyn Montgomery, Cindy Godbey, and Linda Claussen are musicians in the group.



BACK-TO-SCHOOL PRAYER WALK



Cover your schools in your area
with prayer for the coming year.
Continue to pray throughout the year!

*You are the light of the world.
A town built on a hill cannot
be hidden. Neither do people
light a lamp and put it under
a bowl. Instead they put it on
its stand, and it gives light to
everyone in the house. In the
same way, let your light shine
before others, that they may
see your good deeds and
glorify your Father in heaven.*

—MATTHEW 5:14-16 NIV

STUDENTS

1 Timothy 4:12 NIV

Pray that every student would:

- come to know Christ deeply
- know who they are in Christ, loved wholly and completely
- have a desire to learn
- find special friendships and feel connected and loved
- be respectful, kind, and courteous to teachers, staff, and peers
- have purity
- keep their eyes on Jesus
- be protected from: peer pressure, bullying, drugs and alcohol, insecurity, gossip and misunderstandings, sickness and injuries

FAMILIES

Deuteronomy 6:6-7 NIV

Pray that every family would:

- be a light in their neighborhood and school
- have healthy marriages
- show financial wisdom
- have peace and joy in parenting
- have parents who are actively involved with their kids and the school
- spend time as a family to develop faith through Bible reading, prayer, and devotions
- have parents that model what it means to follow Jesus to their children

TEACHERS

1 Timothy 2:1-2 NIV

Pray that teachers would:

- know and follow Christ wholeheartedly
- have confidence in teaching, knowledge, and wisdom
- work with unity
- show patience throughout the year
- stand firm in their faith
- be safe from illness

ADMINISTRATIVE & SUPPORT STAFF

Psalms 25:4-5 NIV

Pray that they would:

- have a true and deep faith in Jesus
- receive wisdom and guidance to make the best decisions possible
- experience unity
- possess leadership skills and knowledge
- have protection, health, and faith in their marriages and families
- be treated with gratitude
- see the difference they make in students' lives



PRAYER DRIVE

AS OUR SCHOOLS BEGIN, we want to invite each of you to join us in praying for our communities. We're going to do something unique this year: A prayer DRIVE! We're challenging you (and your family) to drive around your city and spend some time in prayer. What a privilege we have to pray! And what an amazing time to pray together for our schools, medical workers, government officials, churches, and neighborhoods. Feel free to share this with others and invite them to join you!

PRAYER DRIVE LOCATIONS VISIT IN ANY ORDER

At the end of each prayer time, read Psalm 117 aloud. What a great reminder of who God is and how much He loves us!

SCHOOL

Drive to a school or place of learning and pray:



Thank you for giving each child a place to learn and grow. Jesus, bring peace to each of these places, whether they are in homes or in school buildings across NWA.

We pray for...

- Principals
- Counselors
- Teachers
- Students and friends
- Those who are struggling and need extra care

Give wisdom and peace as adjustments are made this year. Please keep us safe and healthy. Amen.

All you nations, praise the LORD.

*All you people on earth, praise him.
Great is his love for us.*

*The LORD is faithful forever.
Praise the LORD. —Psalm 117 NIRV*

HOSPITAL

Drive to one of the many healthcare facilities in your town and pray:



Thank you for all the healthcare workers who are working so hard to keep our families and friends healthy and safe. Lord, please give them strength, wisdom, and compassion as they care for people they will see this week.

We pray for...

- Doctors
- Nurses
- Fire fighters, paramedics, and all other first responders
- Technicians
- Administration

Help those who are sick and hurting, discouraged and lonely. Please help them know you are near and with them. (Pray for anyone you know who is sick or hurting by name.) Amen.

All you nations, praise the LORD.

*All you people on earth, praise him.
Great is his love for us.*

*The LORD is faithful forever.
Praise the LORD. —Psalm 117 NIRV*

GOVERNMENT

Drive to any government office, city hall, or government building and pray:



Thank you for the people who lead and work for our city, state, and country.

We pray for...

- Mayor
- Governor
- President
- Police, judges, elected officials, and all others who serve

Help us show each of these people respect. Help each person work hard. Give them wisdom and courage to do what is right. Amen.

All you nations, praise the LORD.

*All you people on earth, praise him.
Great is his love for us.*

*The LORD is faithful forever.
Praise the LORD. —Psalm 117 NIRV*

CHURCH

Drive to your church, church office, or any church in your community and pray:



Thank you that we have places where we can (hopefully soon) come to pray, worship, and learn more about you with other people!

But, even if we can't meet together, thank you, Jesus, that we can spend time with you anywhere and at any time!

We pray for...

- Elders
- Church staff
- Small group leaders (by name, if you know them)

Please be with our church and other churches in our community who love and honor YOU! Be with the leaders and the elders as they make decisions for this church. Protect this church. Keep us focused on loving God and loving others deeply. Amen.

All you nations, praise the LORD.

*All you people on earth, praise him.
Great is his love for us.*

*The LORD is faithful forever.
Praise the LORD. —Psalm 117 NIRV*



NEIGHBORHOOD

Drive through your neighborhood and pray for each family you know by name. If you don't know their names, pray for them anyway!

Thank you for our house and our neighborhood. Lord, please keep our neighborhood safe. Help our neighborhood be a place of peace.

We pray for...

- Our homes
- Our neighbors
- Our family

Help us serve one another and take care of each other. Help us represent You well to our neighbors. Amen.

All you nations, praise the LORD.

*All you people on earth, praise him.
Great is his love for us.*

*The LORD is faithful forever.
Praise the LORD. —Psalm 117 NIRV*



Hearty Vegetable Beef Stew

Article from *Eating Well*:

The slow cooker makes this veggie-packed beef stew super easy and extra savory.

Ingredients

2 lbs. boneless beef chuck roast, trimmed and cut into 1-inch cubes
12 ounces of tiny new potatoes, quartered
4 medium carrots, cut into ½ inch pieces
1 medium onion, cut into wedges
1 (10.75 oz.) can reduced-fat, reduced-sodium cream of mushroom soup
1 cup reduced-sodium beef broth
1 tsp. dried marjoram or dried thyme, crushed
2 cups frozen cut green beans



Instructions

Coat a large skillet with cooking spray; heat over medium-high heat. Trim any fat from beef cubes. Add half of the beef cubes. Cook and stir until brown; remove from skillet. Add the remaining beef cubes; cook and stir until brown. Drain off any fat. Place meat in a 3 ½ or 4 quarts slow cooker. Add potatoes, carrots, onion, cream of mushroom soup, broth, marjoram and/or dried thyme. Stir to combine. Cover and cook on low-heat setting for 8 to 9 hours or on high-heat setting for 4 to 4 ½ hours. If using low-heat setting, turn cooker to high-heat setting. Stir in green beans. Cover and cook about 30 minutes more or just until beans are tender. **Nutrition Facts:** serving size: 1 1/3 cups. Per serving: 320 calories; protein 35.3g; carbohydrates 22.3g; dietary fiber 4.1g; sugars 4.7g; fat 9g; saturated fat 3.2g; cholesterol 91.7mg; vitamin a iu 7028.2IU; vitamin c 19.9mg; folate 37.9mcg; calcium 92.6mg; iron 4.8mg; magnesium 64.9mg; potassium 1204.9mg; sodium 396.4mg. Servings: 6.

Apple Brown Betty

Author: Krissy Allori – Self-proclaimed foodie:

“One of my favorite fall desserts is my version of Apple Brown Betty which consists of thinly sliced fresh apples with a (no oat) sweet and buttery topping.”

Ingredients

| | |
|---|----------------------------|
| 4-6 large apples (peeled, core removed, thinly sliced – suggestion: Honeycrisp) | ½ cup brown sugar |
| 1 lemon | ½ cup granulated sugar |
| ¾ cup all purpose flour | 1 tsp. pumpkin pie spice |
| | ½ cup cold butter (1 cube) |



Instructions:

1. Preheat oven to 350 degrees F.
2. Add apple slices to a 9x9 baking dish. Cut lemon in half and squeeze juice over apples. Toss apples to evenly coat.
3. In medium sized bowl, combine flour, sugars, and spices. Add cold butter and use a pastry blender to work the butter into the dry ingredients, cutting it into small pieces. You want the mixture to be crumbly with little to no dry ingredients left that haven't touched the butter. Sprinkle all of the topping over the apples evenly.
4. Cover with aluminum foil and cook in preheated oven for 40 minutes. Remove foil and allow to continue cooking until the topping is crisp, about 10-20 additional minutes. Serve warm with vanilla ice cream.

Notes:

Apples: you can use any variety that you prefer in this recipe. My preference is for Honeycrisp. Alternatively, you can use a variety of apples. Fresh lemon juice is recommended but you can use bottled. If you don't have a pastry blender, simply cut the cold butter into very small cubes and use a fork to blend. Store leftovers in an airtight container in the refrigerator. Will keep for several days.

Nutrition Facts: Calories: 197cal; Carbohydrates: 48g; Protein: 1g; Sodium: 6mg; Potassium: 65mg; Sugar: 34g; Vitamin C: 9.6mg; Calcium: 25mg; Iron: 1mg; Prep time: 20 minutes; Cook Time: 1 hr.; Servings: 6; Calories per serving: 197.



Members:

Harriet Carter
Barbara Churchill
Jan Costello
Steve Hollis
Mary Mies

Jo Ann Morris
Ken Morris
Robert Sampson
Dale & Mary Rose Satorius

Marilyn Schafer
Judy Stahl
Nancy Van Etten
Linda Williams

Friends of the Congregation:

Jane Arnold (K. Westervelt's mother)
Lois Bastien (D. & C. Long's friend)
Allen Blout (B. Satorius' grandfather)
Dale Blout (B. Satorius' father)
Alan Bronson (S. Wilson's friend)
Susan & Geordie Crossen (K. Hutton's in-laws)
Michelle Rankin Eddings (M. Montgomery's friend)
Greg Grogan (C. Long's brother)
Liam Grogan (C. Long's nephew)
Marlene Hartsook (R. Ford's sister)
Kelly Holtsman (B. Churchill's daughter)
Theresa Hulbert (P. Claussen's friend)
Sydney Janssen (C. Janssen's granddaughter)
Anthony Long (D. & C. Long's son)
Dave & Diane Ludington
Bob McLin (B. Winkelmann's brother)

Wayne Patterson (P. & M. Montgomery's friend)
Jerry Price (P. & M. Montgomery's friend)
Jay Rebman (L. Claussen's friend)
Dorothy Ricketts (R. Plaeger's mother)
Sheila Smoron (Pastor M. Smoron's wife)
Gary Sorenson (L. Williams' friend)
Lori Stayton (E. Denton's daughter-in-law)
Dean Territo (S. Territo's father)
Cindy Thomas (R. Ford's niece)
Alana Wachtel (M. Montgomery's cousin)
Carol White (J. Morris' friend)
Mike Whitehurst (P. & M. Montgomery's friend)
Clara Willox (R. & C. Ford's granddaughter)
Lauren Woodley (J. Satorius' friend J.D. Proehl's granddaughter)
Debbie Woods

Please pray for all we know who are homebound, residing in care facilities, undergoing surgery or medical treatment, serving in the military or who are away from their family and friends.

In Our Communities and In Our World:

All who are affected by COVID-19
Pray for racial equality
Peace between nation neighbors
Victims of gun violence
Puerto Rico hurricane victims

Displaced peoples in the world
Pray for the people who are affected by the
Ukraine/Russian conflict
Pray for our country
Justice & courage to protestors in Iran & Russia

Please continue to keep our healthcare workers and those in the educational field in our prayers. They have been a guiding light to all of us in their courage and dedication to keeping us safe and helping the future generation. Thank You!

Please keep the church office informed of members or friends that need to be placed on or removed from our prayer list by sending an email to: office@central-pres.org. or calling the church office at: 217-632-2651.



Happy Birthday!

| | | | |
|---------|------------------|---------|----------------|
| Oct. 1 | Abigail Phillips | Oct. 11 | John Godbey |
| Oct. 4 | Brittany Stout | Oct. 15 | Max Gebhards |
| Oct. 4 | Willow Kyes | Oct. 15 | Melissa Groh |
| Oct. 5 | Peggy Carter | Oct. 17 | Brooklyn Groh |
| Oct. 6 | Mary Mies | Oct. 22 | Fisher Noel |
| Oct. 8 | Barbara Hurt | Oct. 25 | Hutton Emerson |
| Oct. 9 | Chase Sanert | Oct. 29 | Camilla Long |
| Oct. 10 | Beth Kiningham | Oct. 30 | Mark Goeringer |
| Oct. 10 | Abby Noel | | |

Happy Anniversary!

| | | | |
|--------|-----------------------|---------|-------------------------|
| Oct. 2 | John & Cindy Godbey | Oct. 28 | Shannon & Lisa Willhite |
| Oct. 3 | Steve & Julia Territo | Oct. 28 | Gene & Jackie Horn |
| Oct. 3 | James & Ashley Kveton | | |



| | <i>Usher/Greeter</i> | <i>Liturgist</i> | <i>Communion Steward</i> |
|-----------------|----------------------|------------------|--------------------------|
| Sunday, Oct. 2 | Jan Costello | Ron Sanert | Rebecca Rowe |
| Sunday, Oct. 9 | John Godbey | Cindy Godbey | |
| Sunday, Oct. 16 | Jerry Tice | Janene Tice | |
| Sunday, Oct. 23 | Ben Kiningham | Beth Kiningham | |
| Sunday, Oct. 30 | Jim Satorius | Barb Sampson | |

Pulpit Supply

| | |
|-----------------|------------------------------------|
| Sunday, Oct. 2 | Pastor Martin Nagel |
| Sunday, Oct. 9 | Robert Lackie, Preaching Associate |
| Sunday, Oct. 16 | Jonah Steele |
| Sunday, Oct. 23 | Robert Lackie, Preaching Associate |
| Sunday, Oct. 30 | Robert Lackie, Preaching Associate |

If you cannot fulfill your duty as usher/greeter or liturgist, please find someone to take your place. Also, let the church office know of the changes as soon as possible.