



Here's the Real History of Mother's Day

Moms didn't come up with Mother's Day as an easy way to get pancakes in bed. And despite how it seems, card companies didn't invent it as a way to make a few (billion) bucks.

There's more to the history of Mother's Day than meets the eye. In addition to the history of the holiday, there's a whole lot of controversy. There are debates about who came up with the holiday first and lawsuits about who can use the name "Mother's Day." One of the founders tried to get the holiday scratched from the books, even after fighting to get it recognized as a national day. Besides all that, there's the question of where that pesky apostrophe goes. (Don't worry: we've got you covered on that one. The correct placement of the apostrophe is this: Mother's Day.)

The Birth of Mother's Day

The origin of Mother's Day, as we know it, took place in the early 1900s. A woman named Anna Jarvis started a campaign for an official holiday honoring mothers in 1905, the year her own mother died. The first larger-scale celebration of the holiday was in 1908, when Jarvis held a public memorial for her mother in her hometown of Grafton, West Virginia.

Over the next few years, Jarvis pushed to have the holiday officially recognized, and it was celebrated increasingly in more and more states around the U.S. Finally, in 1914, President Woodrow Wilson signed a proclamation making Mother's Day an official holiday, to take place the second Sunday of May.

Anna Jarvis put Mother's Day on the calendar as a day dedicated to expressing love and gratitude to mothers, acknowledging the sacrifices women make for their children. That's why she was determined to keep "Mother's" a singular possessive, as marked by the apostrophe before "s." Each family should celebrate its own mother, so that individual women across the country could feel the love, even in the midst of a broad celebration of motherhood.

Other Mother's Days

Before Anna Jarvis worked to get a day just for recognizing mothers, her own mom played an important role uniting women for good causes. Mama Jarvis—also known as Ann Reeves Jarvis—cared for wounded soldiers on both sides of the field during the Civil War, and in its aftermath she organized a "Mothers' Friendship Day," the goal of which was to foster reconciliation between former Union and Confederate soldiers by having them come together, along with mothers from both sides. With the senior Jarvis' lifelong focus on caring for children and promoting peace, it's no wonder her daughter fought for a day just for moms.

At around the same time Ann Reeves Jarvis was working with mothers in the spirit of peace, Julia Ward Howe, another activist—as well as abolitionist and suffragette—worked to have June 2 be celebrated as "Mother's Peace Day," and wrote a "Mother's Day Proclamation" calling on mothers to work toward world peace.

These women and others were responsible for precursors to Mother's Day in American culture, but celebrations of motherhood go back deeper than that. Such celebrations sometimes involved worship of a mother deity, such as the Goddess Isis in Ancient Egypt, or Cybele and Rhea in Ancient Greece. In other cases, celebrations were only tangentially about mothers:

Mothering Sunday in the United Kingdom, for example, was originally dedicated to the “Mother Church,” but was later broadened to honor human mothers, too.

Around the world, Mother’s Day is celebrated in a variety of ways and on different dates throughout the year, though many countries observe the holiday on the same day as the United States—proof of the powerful impact made by Anna Jarvis.

The Mother’s Day Controversy

Even after Anna Jarvis was successful in getting Mother’s Day made an official national holiday, she wasn’t satisfied with the way that holiday was celebrated. She had teamed up with florists while she was lobbying to get the holiday recognized, even recommending a white carnation as the symbolic flower of Mother’s Day.

However, in the first few years of the holiday’s official existence, Jarvis observed as florists, candy-makers and card-makers, and even charities used Mother’s Day as a way to make an extra buck. The commercialization of Mother’s Day, according to Jarvis, defeated the whole point of a holiday that was supposed to be about celebrating the personal, individual connection between a mother and her children.

From about 1920 onward, Jarvis fought hard to prevent businesses from profiting by means of Mother’s Day cards, candy, flowers, and other gifts. Although she had fought to be recognized as the one and only “Mother of Mother’s Day,” she later lobbied to have the holiday removed from the calendar of national holidays, and spent piles of her own money in lawsuits against profiteers she saw as using the Mother’s Day name in vain.

The Commercialization of Mother’s Day

Did Anna Jarvis have success getting people to cut down on the consumerism? If you’re considering buying your mother a card or a bouquet of flowers, you’ve got your answer.

The National Retail Federation does a yearly survey to find out how much Americans are planning on spending for Mother’s Day. Here’s a hint: most people aren’t busting out the crayons to make a homemade card.

In 2017, the expected total spending for Mother’s Day in the United States was \$23.6 billion. That’s an average of \$186.39 per shopper. In the fourteen years the National Retail Federation has conducted the Mother’s Day spending survey, that’s the highest amount yet.

But don’t feel bad if you’re not planning on forking up quite so much. There are plenty of ways to celebrate Mom without emptying your wallet. It’s all about making it special.

How to Celebrate Mother’s Day Today

For most modern moms, going out to brunch or getting a Hallmark card and a fat bunch of flowers will do the trick. Sure, Anna Jarvis will roll her eyes, but if Mom’s grateful, where’s the real harm?

If you want to go the Anna Jarvis route, make your own card or write a letter to show your love to your mommy dearest. Need inspiration? Use a phrase involving the word “mother” or “mom” or a nice mom-centric quotation. Here’s a good one:

“There is no way to be a perfect mother, but a million ways to be a good one”.

Jill Churchill

Highlights of Regular Session Meeting, March 22, 2021

- Checking account balance as of March 31, 2021: \$16,586.01.
- Worship Committee will be working on an Usher/Greeter list.
- Worship has secured pulpit supply for Sunday, April 25, and Sunday, May 2, 2021.



- Members will no longer be required to sign in as they come to Church on Sunday. An Usher/Greeter will take weekly attendance.
- Home Communion was delivered on April 3, 2021, to a total of 8 homes serving 12 members.
- We ask that you continue to keep all of our health care providers in your thoughts and prayers.

Committee Reports

Administration

Financial

- Income year-to-date is \$1,113.20 below budget; YTD expenses are below budget by \$2,021.16; which puts us below our overall budget.
- Treasurer's report and financials were reviewed.
- General, MMF, and Endowment funds were all reviewed.

Building

- A new projector for the sanctuary has been donated and will be installed upon receipt. Potential upgrades for the sound/video system were discussed.
- Dave Long is training members to operate the sound/video system and to be able to upload to the internet. If you are interested in being trained, please contact Dave or the office.
- After inventorying audio equipment, there are two mic stands and two microphones missing from the sanctuary. If anyone has knowledge of where they have been moved or if they were loaned out, please contact the office.
- The elevator has had a major repair completed.
- Reading Rocks recently had snacks and drinks taken from their room. Please remember that Reading Rocks is one of our Mission and Outreach programs, and we need to respect their space and their supplies.

Steve Territo & Jane Stephenson
Administration Committee Co-chairs

Mission/Outreach

Community/Outreach: We are looking at planning an outreach to the staff at Sunny Acres sometime in the next month or so. The Sunny Acres staff was our first community outreach last year, a few months into the pandemic. With the pandemic hopefully winding down soon, it is again time to let these people know they are appreciated. We are planning a gift of snacks and will reach out to members for cookies, etc.

Birthday Party in a Bag: Two of the first 20 Birthday in a Bag packages have been distributed. We are monitoring the supply to restock. Each bag includes a cake mix, frosting, balloons, noise makers and other items to make a party a party. The bags are being distributed by the Menard County Food Pantry (housed in our church building) and the Menard County Housing Authority.

Food Pantry Sunday: Every Sunday is Food Pantry Sunday! The Menard County Food Pantry, housed in our church building, has reopened, but only two days per month. The Pop-Up Food Pantry outside County Market is currently the only other food pantry open in Petersburg. A basket is in the Narthex to receive donations each week. After church, we deliver the donated items to the Pantry. If you shop at County Market, they will make it very easy for you to donate items – just pay for the items and the County Market staff will deliver them to the Pantry. With

the Menard County Food Pantry open only on a limited basis, the Pop-Up Pantry at County Market still gets a lot of use.

Facebook Prayer Chain: Please remember this private Facebook group is available for sharing prayer requests with others from the congregation.

Reading Rocks: This outreach program helps students who struggle with reading and other learning. Sue Carlson and Adam Power are leading the effort. We can all help by spreading the word about this program. Also, donations of puzzles and books suitable for reading levels up to about 6th grade are welcome. You can purchase supplies through the Reading Rocks page on our church website, or you can designate a gift to the church for Reading Rocks.

We are exploring a few other projects at this time. If you would like to help with planning any mission or outreach activities, contact Jan Costello or Pat Claussen. We will likely have a meeting in May, but the meeting has not yet been scheduled.

Cora J. Pope Trust Senior Grant Fund

The Cora J. Pope Trust Senior Grant Fund is a resource available to help seniors, age 55 and over, stay in their homes, with the goal of helping the senior live in their current home with dignity and comfort. Grants up to \$2,500 per year can help with home repair or renovation to accommodate medical supplies or aids for independent living; home-based services which may help with meals, cleaning, shopping, transportation, air conditioning or other health necessities; and support for assisted living, including equipment and home health care. For more information, or to apply for a grant, go to <https://www.corajpope.org/>. If you would like help with this, contact Pat Claussen, Jan Costello, or Beth Kiningham.

Christian Women's Conference

A Christian Women's Conference will be held from 8:30 to 3:00 in Lincoln, Illinois on Wednesday, May 12, 2021. The title of the conference is "Be Still," and is located at Lincoln Christian University. There will be speakers, lunch, and a book table. Registration received by May 5 is \$35; after that, it is \$40.

A copy of the brochure and registration form is on the table in the Narthex. You can also download a conference poster and register online at www.LincolnChristian.edu/CWC.

Patrik Claussen, Jan Costello
Mission/Outreach Committee Co-chairs

Worship

If you have volunteered to be a Liturgist for Sunday morning worship services, please record full names of all prayer requests, including the name of the person making the request. The list should be left in the church office at the conclusion of worship.

Mother's Day is Sunday, May 9; flowers will once again be handed out to mothers in attendance for the worship service.

Pentecost Sunday is May 23; it has been suggested that everyone try to wear red that Sunday.

Father's Day is Sunday, June 20; bagged cookies will be handed out to fathers in attendance for the worship service.

Survey Responses

Session received 35 responses from members and friends of Central to the survey distributed early in April. Those responding provided the following information:

What type of worship leader would you be open to and support?

	<u>Yes</u>	<u>No</u>	<u>Maybe</u>	<u>Preference</u>
(a) Full-time Ordained Pastor	18	6	2	3
(b) Part-time Ordained Pastor	8	3	5	1
(c) Full-time Commissioned Lay Pastor	14	5	6	1
(d) Part-time Commissioned Lay Pastor	11	7	9	2
(e) Would you be open to and support investigating the feasibility of yoking with another area Presbyterian Church, which could increase the likelihood of attracting a full-time ordained pastor?	27	0	4	13
Surveys which stated no preference				15

From this information and the comments from the other survey questions, Session will amend our prior Mission Study and forward it to the Presbytery for approval.

Your input is very much appreciated! Please feel free to contact any Session member with questions or additional comments.

Jane Stephenson, Clerk of Session

Emergency Contacts

Although Central does not now have an installed pastor, members are encouraged to continue to stay connected with the church family. If you have an emergency or are in need of assistance from Central, please contact: Church Office, 632-2651

Camilla Long, Deacon Chair, 306-8086

Jane Stephenson, Clerk of Session, 341-7599

You are also requested to inform the church office of changes in addresses and phone numbers.

2021 Per Capita

Have you made your contribution to Per Capita for 2021? Payments to Presbytery for Central's commitment will be made March through June. The Per Capita amount for each member for 2021 is \$35.25.

Blanket Sunday

May 9, 2021, Mother's Day, is also Blanket Sunday. Blanket Sunday donations help provide blankets to people in need, mostly in the United States. Think of how a simple blanket can make things better, from providing a little extra warmth on a chilly night, or a little extra cushion for one sleeping on a floor or maybe on the street. For \$10, you can provide a blanket for someone in need. Please send your donation to the church, designated for Blanket Sunday.

Pentecost: The Birthday of the Church

Pentecost is a celebration of the descent of the Holy Spirit on the disciples of Jesus after his ascension. It is held on the Seventh Sunday after Easter. Let's celebrate the birthday of the church by donating gifts to Central Presbyterian Church! This year, Pentecost Sunday is May 23.

There will be a box/plastic tub right inside the front doors for you to drop your gift donations. Monetary donations are also appreciated. Those clearly marked donations can be mailed to the church; but please, **NO GIFT CARDS!** If you know of any other needed supplies, please notify the church office (217-632-2651).

The following is a wish list for needed supplies (this is only a guide - all gifts are welcome!):

Hand sanitizer	Paper plates (no styrofoam, please), large & small
Disinfectant spray & wipes	Plastic spoons and forks
Dish soap	Paper coffee cups
Hand soap & lotion pump dispensers	Napkins
Large trash bags (33 gallon)	Large waste basket for the Fellowship Hall
Small trash bags	Kleenex—boxes & pocket packs for pews
Kitchen sponges	

Chimes Deadline

Please have your articles and photos for the June Chimes submitted to the church office by Monday, May 17. A Microsoft Word file attached to an email is the preferred method of submission. Our email address is centralpreschurch@sbcglobal.net.

Every Sunday is Food Pantry Sunday

The Menard County Food Pantry reopened on a limited basis November 18, 2020. The Pantry had been closed since March, 2020, because of COVID-19 concerns and had offered food on an emergency basis only.

New procedures were put in place upon reopening. In order to receive a food order, persons in need must contact the Menard County Community Services Office located in the Menard County Courthouse at 217-632-4412 to schedule an appointment to receive a food referral. Beginning March 1, the Pantry has been staffed by volunteers only on the 2nd and 4th Wednesdays of each month from 1 to 3 p.m.

Food donations are needed for the two Petersburg area Food Pantries, especially the Pop-Up Pantry at County Market. Please put food items in the large basket in the Narthex to be taken to the Pop-Up Pantry.

Diaper Bank Needs

The Diaper Bank, located at the Menard County Housing office, 101 W. Sheridan Rd., Petersburg, IL 62675, is not currently open to the public. However, if there is a need for diapers or diaper supplies, you can call the office at 217-632-7723. And, of course, they are always accepting monetary donations.



Tips to retrieve old memories

Details of significant experiences from decades ago may still be available if you can coax them out of your memory.

Sometimes memories of certain experiences remain crystal clear for life, like the moment you said "I do," or the first time you held your baby in your arms. Other significant memories from long ago can be harder to recall. But they may still be with you; it just takes effort to retrieve them.

Which memories stay with us?

Of the many memories you accumulate every day, only those marked as meaningful are recorded in your brain's long-term files. "We have a system in our brains that tags memories that are important in some way so we'll remember them in the future," explains Dr. Andrew Budson, a neurologist and chief of Cognitive and Behavioral Neurology at VA Boston Healthcare System.

Two things tag a memory as special:

Emotion: Getting married is an example of a highly emotional event. In that circumstance, a whole host of brain chemicals become active as these memories are being recorded," Dr. Budson says.

Personal significance: You probably remember what you had for breakfast this morning and what clothes you wore yesterday. But if I were to ask you about those in a few days or a month, you'd have no memories for them because they're just not that important to you," Dr. Budson explains.

Aging affects retrieval

Sometimes even special or important memories are harder to remember. Several age-related factors contribute to this loss of recall:

Memory goes downhill after age 30. "There's good evidence that our ability to retrieve information peaks between ages 20 and 30. By the time we're in our 50s, the frontal lobes, which are in charge of searching for memories, don't work as well as they used to," Dr. Budson says.

Memories fade with time. If you haven't thought about a memory in years, it won't be as vivid or strong as it used to be. "By not revisiting the memory, you're telling your brain it's not important, and other memories might be laid on top of it," Dr. Budson says.

We need help to jog our memory. "When we're younger, an internal cue — just thinking of something — can help retrieve a memory," Dr. Budson says. "But when we're older, we rely more on external cues to retrieve memories, like a sound or an image."

Cue the memory

To reactivate an old memory, you must think about the senses that were engaged as the memory was being recorded. That's because as you experienced something special or important, your perceptions — images, sounds, smells, tastes, touches, thoughts, or feelings — were being stored in one part of the brain (the cortex) and then bound together as a memory by

another part of the brain (the hippocampus) and tagged so the frontal lobes could retrieve the pattern of information later.

A cue from your environment (such as hearing a song) or a cue that you generate (such as thinking about your high school graduation) can help you retrieve a memory. "The more specific the cues are for the episodes of life you're trying to remember, the more likely it is you'll have a pattern match and pull up an old memory," Dr. Budson says.

Ideas for cues

Because you may not spontaneously recall cues related to a long-forgotten memory, you'll have to generate some. Dr. Budson recommends that you try these strategies:

- Look at old photographs of your home, family, or friends.
- Read a poem you wrote or liked to read when you were younger.
- Hold an old article of clothing you saved.
- Read an old letter, personal journal, or newspaper article.
- Listen to an old song that you or someone in your family loved.
- Cook a meal your mom or dad used to make for you.
- Smell something that may jog your memory, like a book, pillow, perfume, or food.
- Visit a place from your younger days.
- Watch an old movie or TV show.

Additional suggestions

Be still as you try to summon old memories; close your eyes at times and focus on the sights, sounds, smells, thoughts, and feelings associated with each one.

And when you do recall memories, write them down (before you forget them) and reinforce them by visiting them often in your mind if they're pleasing or helpful. "You really can travel back in time to a particular experience in your life," Dr. Budson says. "And cuing one memory will often lead to another."

Show Your Appreciation!

Teacher Appreciation Week is May 3-7 this year; Nurses Appreciation Week is May 6-12. Especially after this past year, all are encouraged to acknowledge and thank all those in the healthcare profession and education system.

Healthcare Professionals

Members:

Alyssa Canady, Express Care, Memorial
Jan Costello, Memorial Hospice
Kristina Hutton, Memorial
Vicki Johnson, Memorial
Bill Montgomery, Memorial Healthcare System
Ellie Montgomery, HSHS (St. John's)

Abby Noel, Springfield Clinic
Heidi Phillips, Memorial
Matt Roberts, Public Health, NYC
Blair Rowe, Springfield Clinic
Ashley Rutz, Indianapolis
Brianna Satorius, Menard Medical Center

Friends of the Congregation:

Matt Albrecht, Memorial (L. William's friend)
Dr. Stacy Coombes, Houston, TX (J. Tice's friend)
Jodi Foreman, Oncology, Peoria (J. Scheina's niece)
Kyle Johnson, Springfield Clinic (V. Johnson's son)
Sarah Mies, Central Baptist Village, Park Ridge, IL
Dr. Jason Pope, Savanna, GA (J. Tice's friend)
Morgan Ricketts, Tacoma, WA (R. Plaeger's niece)



Robyn Roberts, Public Health, NYC (Matt Roberts' wife)
 Valerie Scheina, Springfield Clinic (J. Scheina's daughter-in-law)
 Patty Smith, Nurse in Moscow, ID (E.L. Denton's niece)
 Becca Stark, ICU at Mayo Clinic, Phoenix, AZ (Ruth's daughter)
 Kaylee Territo, St. Louis (Steve & Julia's daughter-in-law)
 Alyssa Tucker, St. John's (Pastor Stephanie's friend)
 Emily Zimmerman, Memorial (L. William's friend)
 Memorial Hospice teammates & neighbors who are working on the frontlines



Educational Field

Members:

Hannah Kyes, PORTA Elementary
 Adam Power, Substitute Teacher
 Laurelyn Roberts, St. Louis School System

Julia Territo, PORTA Central Office
 Stephanie Wankel, PORTA Elementary
 Lisa Willhite, PORTA High School

Friends of the Congregation

Mark Goeringer, Springfield Dist. #186



Members:

Mary Ella Allen
 Barb Churchill
 Jo Ann Morris

Ken Morris
 Dale and Mary Rose Satorius
 Marilyn Schafer

Janet Scheina
 Linda Williams

Friends of the Congregation:

Stacy Acton (J. Stephenson's niece)
 Michele Baker (C. Long's friend)
 Dale Blout (B. Satorius' dad)
 Alan Bronson (S. Wilson's friend)
 Carolyn Carr (J. Tice's friend)
 Lisa Ellrick (R. Denton's niece)
 Harry Godbey (J. Godbey's brother)
 Greg Grogan (C. Long's brother)
 Mike Hance (husband of Kristi Hance; PES teacher)
 Marlene Hartsook (R. Ford's sister)
 Dorothy King (A. Montgomery's sister)
 Bob McLin (B. Winkelmann's brother)

Fred Pike (M./ P. Montgomery's friend)
 Andrew Raes (R. Plaeger's cousin)
 Sheila Smoron (Pastor M. Smoron's wife)
 Gary Sorenson (L. Williams' friend)
 Larry Spencer (L. Claussen's friend)
 Stahl Family (Sue Carlson's neighbor)
 Cindy Thomas (R. Ford's niece)
 Don Wells (S. McCullough's brother-in-law)
 Carol White (J. Morris' friend)
 Mike Whitehurst (P. & M. Montgomery's friend)
 Lauren Woodley (J. Satorius' friend J.D. Proehl's granddaughter)

Please pray for all we know who are homebound, residing in care facilities, serving in the military or who are away from their family and friends.

In Our Communities and In Our World:

All who are affected by COVID-19
 Pray for racial equality
 Peace between nation neighbors

Victims of gun violence
 Displaced peoples in the world
 Pray for our country

During our time of social distancing, we desire to keep those in prayer who are in need. Please keep the church office informed of members or friends that need to be placed on our prayer list by sending an email.



Nonagenarian

May 26 Nancy VanEtten Mason City Nursing Home, PO Box 32, Mason City, IL 62664

Octogenarians

May 9 Lloyd Schafer 13724 Newmansville Ave., Petersburg, IL 62675
 May 17 Mary Rose Satorius 10953 Smith Avenue, Petersburg, IL 62675

Happy Birthday!

May 1 Archer Kyes	May 12 Rhonda Plaeger
May 1 Ben Kiningham	May 15 Cory Willhite
May 9 Matthew Roberts	May 19 Allison Buehner
May 9 Michael Roberts	May 25 Heidi Phillips
May 9 Rebecca Rowe	May 29 Talon Noel
May 11 Ashley Kveton	May 31 Jan Costello

Happy Anniversary!

May 24 Matt & Kristina Hutton May 28 Chase & Megan Sanert



Liturgist

Sunday, May 2	Rebecca Rowe
Sunday, May 9, Mother's Day	Coleen Janssen
Sunday, May 16	Ben & Beth Kiningham
Sunday, May 23, Pentecost	Jan Costello
Sunday, May 30	Janene Tice

Usher/Greeter

Rhonda Plaeger
Marilyn Montgomery
Pat Claussen
John Godbey
Brian Satorius

If you cannot fulfill your duty as Liturgist or Usher/Greeter, please find someone to take your place. Also, let the church office know of changes as soon as possible.